

ABOUT ECONOMIC EMPOWERMENT AT HAVEN HOUSE

The program works with survivors to take steps towards a stable and healthy financial future. Basic financial information and resources are provided to individuals who attend education groups. Individuals who choose to work with an Economic Empowerment Coach set their own goals based on their current financial need.

Some areas coaches can work with participants on are:

- *Making a financial plan*
- *Basic budgeting*
- *Debt/Credit repair*
- *Banking assistance*
- *Job readiness*
- *Accessing loans*
- *Educational opportunities*
- *Affordable housing options*

Participants are empowered to make financial decisions that work best for themselves and their family!

Contact Us

716.884.6000

Call when you are safe and have 5-10 minutes to talk.

Address

**P.O. Box 451
Ellicott Station
Buffalo, NY 14205**

Website

www.cfsbny.org

***Haven House
provides emergency
shelter to victims of
domestic violence
regardless of gender.***



ECONOMIC EMPOWERMENT HAVEN HOUSE

Regain Control of Your Financial Life



Child and Family Services

DO NOT LET FINANCIAL ABUSE HOLD YOU BACK

ECONOMIC EMPOWERMENT SPECIALISTS

are here to help you recover from the effects of financial abuse - one of the more overlooked forms of domestic violence. The program is open to all adult survivors.

INDIVIDUAL COACHING TOPICS



FINANCES: budgets, goal setting, credit reports, credit scores, debt management, etc.



EMPLOYMENT: job searches, resumes, cover letters, interview preparations.



EDUCATION: adult education, technical and community schools, undergraduate programs and job training.

FINANCIAL EDUCATION

FREE education sessions are designed to help participants develop financial management skills and provide resources on how to take steps to financial independence.

INDIVIDUAL COACHING

One-on-one financial mentoring program designed to help survivors of domestic violence address financial concerns. Topics covered include finances, employment and education.

HOW TO GET STARTED

Call 884-6000 to register for a financial education session or get linked with an economic empowerment coach.



Child and Family Services