



Staying Safe and Setting Boundaries

Wednesday, January 14 from 5:30–7:30 p.m.
844 Delaware Library
Dinner, drinks and snacks provided!

This workshop will offer honest conversations, practical tips and a space to learn how to handle tough moments with confidence.

We'll dive into what it really means to protect your space and speak up for yourself, breaking down how to stay safe and set boundaries in everyday situations – at school, at work, online, with friends and in relationships.

**RSVP by Monday, January 12.
Spots are limited, so register now!**

Questions? Contact Bailie Murty, MSW
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